

The Villager

Tis The Season...

The season with snow is here, we swap out our cool clothing for warm. Welcome December, time to prepare for festive celebrations to socialize with family or friends. This season is full of meaning, and we hope and pray that during the difficult times, we and the world are facing, we find light in the darkness and experience joy.

The 2024 calendars featuring "Wildlife Portraits" by various artists have arrived; residents will receive them the first week of December, and are available at reception for care partners while quantities last.

Care Partners – This wording is used more often now to ensure all-inclusiveness. Who does this include? Care Partners include – the power of attorneys, caregivers, visitors, students, volunteers, friends, and family members.

Grand Parade Update - This year's goal was to raise \$20,000, so we are overjoyed that we raised \$30,356 and completed our project! The great news is that the plan to expand the Studios General Store is completed; the Care Centre's new wider recreation room doors work will take place in the new year, and the Outdoor Haven's wider door in early spring.

Our Employee Festive Celebrations take place the week of December 18th. It's a fun time to celebrate together. If you would like to donate any items for the raffle, please drop off your gift at reception and include your name, email address, and, if applicable, resident name by Monday, December 18th.

New Website Update – Trinity Village's new website is coming soon. The new website will include a groundbreaking feature - "myPortal." This secure portal is designed exclusively for residents and care partners, providing tailored information to keep you more connected with Trinity Village. Soon, you will receive an email and link to register and set yourself up.

As we enter flu season and the continued threat of COVID-19, please remember to follow precautions and be vigilant to protect everyone in our community. What we do for ourselves, we do for others. A Blessed Christmas to All!

Reflection Questions: Who has taken care of you in your life? In what specific ways did they care for you?

Respectfully yours, Debby Riepert, COO Trinity Village



Site Wide Christmas Services

Christmas Interdenominational Service will be taking place on Thursday December 21st at 10:30am in The Gathering Place. Caregivers are welcome to attend!

Christmas Roman Catholic Mass will be taking place on Friday December 22nd at 2:00pm in The Gathering Place. Caregivers are always welcome to attend. (Please note, this will be in place of RC Mass on Tuesday December 19th)

Café

The Village Café will be closed between December 23, 2023 -January 2, 2024. We look forward to seeing you Wednesday January 3, 2024, in the New Year. Staff and visitors can purchase single food item and meal tickets at Reception and obtain their meals from the Food Service Worker from the House of which they are visiting/ working on. We thank you for your business and appreciate your understanding.

Adult Day Program

HO HO HO! ADP will be celebrating the Festive Season Dec 18-22. Clients will enjoy entertainment and delicious festive meal with all the trimmings prepared by Fantu in the Café. Clients will also get to enjoy a festive punch cocktail!







Santa will visit us and deliver festive gifts for all clients. Baked goods were prepared by the ADP staff and volunteers in the day program for clients to take home.

Clients will partake in a number of festive programs such as; decorating the urns outside of the gathering place, pass the present, gnome making, pin the nose on the Rudolph and snowflake making.

May the peace & blessings of the festive season be yours; and may the coming year be filled with happiness! All the best to you and yours in 2024.



The Care Centre

Our residents at the Care Centre have been participating in the Opening Minds Through Art Program; an intergenerational program that aims to build bridges across age and cognitive barriers through art. On Thursday December 14th 2pm-3:30pm there will be OMA Art Show in the Care Centre's Gathering Place to showcase all the creative artwork.

We are also very proud that the artwork of John, Alice, Molly, Ken, Theo and Alma from the Care Centre have been selected out of hundreds of submissions for the 1st Virtual Opening Minds Through Art Show. Visit the Trinity Village Facebook page to check out the artwork and vote your favorite.



COMING UP IN DECEMBER

Music Mondays 2:30 Gathering Place December 4th –Dynamic Duo December 11th 2:30pm –Rob Edlesfen December 18th-Michael Kelly Cavan

Monthly Birthday Celebration with Rolly Wednesday December 6th 2:30pm Gathering Place

Festive House Celebrations

Cherry Orchard, December 2nd, 2:00pm Maplebush, December 9th, 2:30pm Walnut Grove, December 12th, 2:30pm Pinewoods –December 15th 10:30am Oakridge– December 16th, 2:30pm Bus Outings-Christmas Light Tours December 8th– Walnut Grove December 12th– Maplebush December 18th– Cherry Orchard December 19th-Oakridge

December 21st– Pinewoods

Santa Visits

- Walnut Grove, December 15th 10:30am
- Pinewoods, December 18th, 10am
- Maplebush, December 19th, 2pm
- Cherry Orchard, December 20th, 10am
- Oakridge, December 20th, 1:30pm







Studios & Terraces

November had a variety of activities, a mall outing for Christmas shopping and lunch, a Remembrance Day service, and started decorating for Christmas. We had the Rockway Entertainers Choir come out and sing Christmas Carols as well as celebrating the November birthdays with Sheryl Walsh. We had our first optician on wheels visit and are looking to book them again.

We are looking forward to a variety of Christmas themed activities including a visit from Santa himself! The trees have been decorated and we are working on decorating the rest of the building, we have put the homemade nativity scene out front for everyone to enjoy. We wish everyone a Merry Christmas and Happy New Year!



Entertainment: Brent Meidinger December 1st, 10am, Dining Room

Bus Outing: Christmas Light Tour ,December 5th, 6:30pm Sign Up Required

Birthday Celebration w/ Kim Atkins

December 11th, 2pm, Dining Room

Wine & Cheese Nights

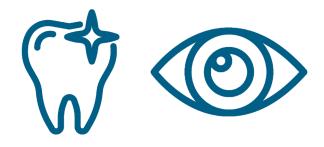
Terraces – Dec 13th @ 6:30 pm in the Chapel

Studios – Dec 21st @ 6:30 pm in the Dining Room with Christmas music by Ben Rollo

Resident Care

The Studios has a optician visiting the home on Thursday December 14th, as well as an On-Site Dentist visiting on Tuesday, December 19th, 1-4pm. For those who are interesting in booking for either one or both of these services, or would like more information on these services, please contact our Studios Lifestyle and Program Manager Heather.

Heather, Lifestyle & Program Manager T: 519-896-3112 ext. 248 E: tvslifestyle@trinityvillage.com



Page 4

Trinity 🕸 Village Spiritual Care Spotlight



For those of us who identify as Christians, December 3rd is the first Sunday of Advent. The word *advent* comes from the Latin term "*adventus*" which means "*arrival*" or "*coming*." Advent is the season when the church remembers and celebrates the coming of Jesus to Earth, as well as anticipating his return. Each of the four Sundays leading up to December 25th, we light a candle on our Advent wreath, representing hope, peace, joy, and love. Regardless of our religious faith or spirituality, each of us can do our small part in our community to share hope, peace, joy and love with others.

Winter Services

Catholic Mass: Weekly mass takes place Tuesday mornings at 10:30am in The Gathering Place. All are welcome to attend! We welcome Father Melvin, Father Sunil, and our volunteers from St. Aloysius Parish who will lead the service and porter our residents. *(Please note, we will not be hav-ing RC Mass on Tuesday December 5th, 26th, or January 2nd. RC Mass will resume on January 9th).*

Interdenominational Services: Weekly interdenominational services take place on Thursday mornings at 10:30am in The Gathering Place. All are welcome to attend! We welcome Pastor JR, Pastor Heike, Pastor Cerena and our team of volunteers who lead the service and porter our residents. *Please note, there is no Interdenominational Services on the 1st Thursday of each month.*



In recent weeks, we have had to say good-bye to the following members of our Trinity family. Please take a moment to pause and remember the life of each of these individuals and their time here with us: Roger Cann, Gertrude Stobbe, Mary Novak, Jackie Shields, and Palmira Freitas and Tony Vrbanac.

Peace and comfort to each of you, both the loved ones of our residents and staff who cared for them, as you grieve. May their souls forever rest in peace.

Page 5





Horticulture Corner

Beeden Honey Goes Travelling...



This November, Beeden Honey sent three small jars to join many others at the Royal Winter Fair. The Ontario Bee Association wanted to build a honey wall (above) to demonstrate to fair goers that Ontario honey comes in a beautiful array of colours and textures; all of which can be enjoyed locally. Don't we know it!! Beeden Honey opened sales on November 1 and sold out just 49 hours later. A heartfelt 'Thank you' to all who participated in the sale. We never seem to have enough and that is because we hold many frames of honey back from production to make sure our bees have the reserves they need to over winter in the volatile climate we are now experiencing.

Sharing the Bounty

Early in October we harvested over 200 lbs of apples from our Trinity Village apple tree. In the true spirit of community, we were able to share some of the abundance with A Better Tent City (ABTC) on Ardelt Ave. in the form of applesauce -12 quarts and 24 pints.





Ron P. grew some beautiful winter squash this summer in the community garden. When our kitchens couldn't absorb the entire 81 lb of bounty, he asked us to share with ABTC community. And so we did - 21 cups of three varieties of cooked winter squash.

If you have any thoughts or suggestions for the coming Horticulture Season at Trinity Village, please share them with us by contacting <u>hlee@trinityvillage.ca</u>. Til the new year, stay safe and warm.

Winter safety Tips

We are expecting some winter weather over the next few months, snow, sleet, ice and so on. Here are a couple of tips for keeping yourself safe.

Always wear boots designed for winter walking when moving about outdoors on the property.

Stay on cleared paths. Do not take short cuts across uncleared lawns etc.

If arriving by bus or car be sure to check the ground under your feet before alighting from the vehicle. Black ice is hard to detect and can be extremely slippery.

If you notice any unsafe areas please contact the Horticulture Department hlee@trinityvillage.com with the location and condition.

Stay Safe. Enjoy the winter as time to refresh, rethink and re-energize.



Follow us on social media

for daily updates, photos, stories and more!



www.facebook.com/Trinity_VillageKW



@TrinityVillage



@Trinity_Village





Got Questions? Check out our questions page on our website.

www.TrinityVillage.com/Questions



Page 7