

Trinity Village Café & Meals on Wheels December Menu

For One Time Meals on Wheels Services please contact: 519-893-6320 ext. 309

For Scheduling On-Going Meals on Wheels Services please contact: Krista McParland, Nutrition Manager, 519-893-6320 ext. 230 or kmcparland@trinityvillage.com

					Friday 1 Taco Bar OR Baked Salmon Fillet OR chicken Fingers w/ Lyonnaise Potatoes or Hot Veg Maple Chocolate Mania Cake or Apricots	Saturday 2 Café Closed Pork Chop & Mushroom Sauce w/ Mashed Potatoes & Hot Veg OR Spaghetti & Meat Sauce with Hot Veg Black Cherry Ice Cream or Banana
Sunday 3 Café Closed Roast Turkey w/gravy OR Cod Nuggets w/ Mashed Potatoes & Hot Veg Lemon Meringue Pie or Peach Slices	Monday 4 Chicken Pot Pie w/ Mashed Potato & Hot Veg OR Italian Baked Fish OR Apple Braised Pork Chop w/ Mashed Potatoes & Hot Veg Black Forest Tart or Fresh Grapes	Tuesday 5 Meatloaf w/ Mashed Potatoes & Hot Veg OR Cheese Ravioli w/ Breadstick & Hot Veg Carrot Cake or Mango	Wednesday 6 Beef Macaroni Casserole & Hot Veg OR Baked Chicken with Baled Potato & Hot Veg OR Meat Lasagna w/ Garlic Bread & Hot Veg Buttertart Square or Banana & Chocolate Sauce	Thursday 7 Rubbed Pork Loin OR Baked Haddock w/ Spinach & Onions w/ Mashed Sweet Potatoes & Hot Veg Cherry Pie or Peach Slices	Friday 8 Chicken & Potato Casserole & Hot Veg OR Crispy Baked Shrimp OR Swedish Meatballs w/ Mashed Potatoes & Hot Veg Blueberry Crisp or Cinnamon Pears	Saturday 9 Café Closed Swiss Veral Cutlet OR Chicken Paprikash w/ Buttered Egg Noodles & Hot Veg Nanaimo Bar or Crushed Pineapple
Sunday 10 Café Closed Baked Ham ion Pineapple Juice OR Fish w/ Orange Ginger w/ Scalloped Potatoes & Hot Veg Luscious Lemon Square or Tropical Fruit	Monday 11 Salisbury Steak OR Swiss Steak in Sour Cream Sauce OR Spiced Chicken Thigh with Savoury Diced Potatoes & Hot Veg Lemon & Cream Shortcake or Fruit Cocktail	Tuesday 12 Pork Roast OR Baked Tilapia with Roasted Potatoes & Hot Veg Banana Loaf or Watermelon	Wednesday 13 Grilled Cheese & Soup OR Eggplant Parmigiana with Hot Veg & Garlic Bread OR Beef Stew with Boiled Potatoes & Hot Veg Brownie or Sliced Pears	Thursday 14 Turkey Fricassee with Mashed Potatoes & Hot Veg OR Beef Stuffed Green Peppers with Mashed Potatoes Cherry Crisp or Chilled Apricots	Friday 15 Chicken Carbonara & Hot Veg OR Breaded Haddock OR Farmers Sausage with French Fries & Hot Veg Vanilla Caramel Swirl Cake or Tropical Fruit	Saturday 16 Café Closed Chicken Swiss OR Veal w/ Mushroom Sauce with Mashed Potatoes & Hot Veg Strawberry Shortcake or Cantaloupe Chunks.
Sunday 17 Café Closed Roast Beef w/ Gravy with Mahed Potatoes & Hot Veg OR Vegetable Lasagna with Garlic Bread & Hot Veg Black Forest Cake or Stewed Rhubarb	Monday 18 Baked Ham with Potato & Hot Veg OR BBQ Pork Loin OR All Beef Hot Dog on a Bun with French Fries & Hot Veg Date Square or Fresh Grapes	Tuesday 19 Baked Pollock OR Mustard Chicken with Parslied New Potatoes & Hot Veg Iced Banana Cake or Mixed Berries	Wednesday 20 Roast Turkey w/ Potato & Hot Veg OR Liver & Onions with Mashed Potatoes & Hot Veg OR Spinach & Cheese Cannelloni with Garlic Bread and Hot Veg Macaroon Madness Bar or Pineapple Tidbits	Thursday 21 Honey Garlic Chicken with French Fries & Hot Veg OR Vegetable Lasagna with Garlic Bread & Hot Veg Blueberry Crisp or Fresh Watermelon	Friday 22 Roast Beef w/ Potato & Hot Veg OR Baked Salmon Fillet OR chicken Fingers w/ Lyonnaise Potatoes or Hot Veg Maple Chocolate Mania Cake or Apricots	Saturday 23 Pork Chop & Mushroom Sauce w/ Mashed Potatoes & Hot Veg OR Spaghetti & Meat Sauce with Hot Veg Black Cherry Ice Cream or Banana
Sunday 24 Café Closed Roast Turkey w/gravy OR Cod Nuggets w/ Mashed Potatoes & Hot Veg Lemon Meringue Pie or Peach Slices	Monday 25 Café Closed Italian Baked Fish OR Apple Braised Pork Chop w/ Mashed Potatoes & Hot Veg Black Forest Tart or Fresh Grapes	Tuesday 26 Café Closed Meatloaf w/ Mashed Potatoes & Hot Veg OR Cheese Ravioli w/ Breadstick & Hot Veg Carrot Cake or Mango	Wednesday 27 Café Closed Baked Chicken with Baled Potato & Hot Veg OR Meat Lasagna w/ Garlic Bread & Hot Veg Buttertart Square or Banana & Chocolate Sauce	Thursday 28 Café Closed Rubbed Pork Loin OR Baked Haddock w/ Spinach & Onions w/ Mashed Sweet Potatoes & Hot Veg Cherry Pie or Peach Slices	Friday 29 Café Closed Crispy Baked Shrimp OR Swedish Meatballs w/ Mashed Potatoes & Hot Veg Blueberry Crisp or Cinnamon Pears	Saturday 30 Café Closed Swiss Veral Cutlet OR Chicken Paprikash w/ Buttered Egg Noodles & Hot Veg Nanaimo Bar or Crushed Pineapple
Sunday 31 Café Closed Baked Ham ion Pineapple Juice OR Fish w/ Orange Ginger w/ Scalloped Potatoes & Hot Veg Luscious Lemon Square or Tropical Fruit						